

Stanford School



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Monday 19th October 2020

Relationships and Sex Education (RSE)

Dear Parents/Carers,

As a part of your child's educational experience at Stanford Junior and Infants school, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) and Relationships and Sex Education (RSE) that gives our young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

From September 2020 the Department for Education made Relationships Sex Education and Health Education compulsory in all schools. Alongside our cross curricular PSHE teaching in school, relationship and sex specialist BigTalk Education will be visiting Stanford on **Monday 2nd November** to deliver certain areas of the curriculum.

Below is an overview of what BigTalk Education will deliver to each year group;

Ages 4 to 8 (Reception, School Years 1, 2 & 3) Using specially designed child friendly resources at the end of this session they will be able to identify happy situations and those which may be risky (e.g. other children or adults taking improper photographs of them, inappropriate touches, exposure to unsuitable media etc.) plus who they can talk to if they are worried. We will also recap names of body parts.

Ages 8 to 9 (School Year 4) We cover different kinds of families, similarities and differences between boys and girls, the emotional and physical changes of growing up (puberty) how babies are made, then develop in the womb etc. (reproduction). Looking after our bodies and how to be safe and healthy are also discussed.

Ages 9 to 11 (School Years 5 & 6) Reproduction and puberty are re-capped, the children are given the opportunity to ask questions. As well as additional questions on puberty, they will often want more details on how babies develop and are born. It is important that they know there is someone in school as well as at home if they want help, advice or more information etc. (Information at this stage is vital to protect them as they move onto Secondary School and to provide an alternative to Google etc).

As a parent/carer you do have the right to request your child is removed from parts of the programme, but we feel confident that the content is both relevant and appropriate for each age group. If there is an aspect of the curriculum overview that you would like to know more about please contact the school office. It is important to clarify that withdrawal of your child can be considered only for content that is not part of the statutory science curriculum.

Yours Sincerely,

Mrs K Marsden
SMSC, PSHE and RSE Subject Co-ordinator